

Yami Yogurt

Lactose Free Blueberry/Lemon - 4 oz (6 pack, 3 cups/flavor)
 Item #4945

UPC 0 11384 14129 6
 GTIN 1 0 0 11384 14129 3

Storage/Shipping Temperature: 36° F (33 - 42° F)

Pack Size	Case Length (in.)	Case Width (in.)	Case Height (in.)	Cube (ft ³)	Case Weight (lb)	TI-HI	Cases/Pallet	Shelf Life (days)
48/4 oz	15.5	10.0	5.5	0.48	13.0	10x12	120	60

Nutrition Facts	
Serving size 1 container (113g)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 55mg	2%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 18g	
Includes 14g Added Sugars	28%
Protein 4g	7%
Vitamin D 2mcg	10%
Calcium 111mg	8%
Iron 0mg	0%
Potassium 161mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

BLUEBERRY FLAVOR



INGREDIENTS: PASTEURIZED GRADE A MILK, CANE SUGAR, CREAM, BLUEBERRY PUREE, MODIFIED CORN STARCH, TAPIOCA STARCH, WHEY PROTEIN CONCENTRATE, GELATIN, NATURAL FLAVOR, LACTASE, ELDERBERRY JUICE CONCENTRATE (FOR COLOR), CITRIC ACID, CULTURE (S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, B. LACTIS, L. RHAMNOSUS, L. CASEI), VITAMIN D3. CONTAINS MILK.

ALLERGENS Contains Milk, specified on label

Cup Contents (oz)	Cup Weight (g)	Cup Material	Tamper Evident	Plant Code	Best By Format	Time Stamp (military)	Case Material	Cups/case
4	113	Polystyrene	Foil lid	53-33	DD/MM/YY	HHMM	Cardboard	48

Cup Dimensions

6-pack - 5"W x 7.5"D x 2.5"H, Single cup - 2.5"W x 2.5"D x 2.5"H

Yami Yogurt

Lactose Free Blueberry/Lemon - 4 oz (6 pack, 3 cups/flavor)
 Item #4945

UPC 0 11384 14129 6
 GTIN 1 0 0 11384 14129 3

Storage/Shipping Temperature: 36° F (33 - 42° F)

Pack Size	Case Length (in.)	Case Width (in.)	Case Height (in.)	Cube (ft ³)	Case Weight (lb)	TI-HI	Cases/Pallet	Shelf Life (days)
48/4 oz	15.5	10.0	5.5	0.48	13.0	10x12	120	60

Nutrition Facts	
Serving size 1 container (113g)	
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 55mg	2%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 14g Added Sugars	28%
Protein 4g	7%
Vitamin D 2mcg	10%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 146mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

LEMON FLAVOR



INGREDIENTS: PASTEURIZED GRADE A MILK, CANE SUGAR, CREAM, MODIFIED CORN STARCH, LEMON JUICE CONCENTRATE, WHEY PROTEIN CONCENTRATE, LEMON ZEST, NATURAL FLAVOR, GELATIN, LACTASE, TURMERIC (FOR COLOR), CULTURE (S. THERMOPHILUS, L. BULGARICUS, L. ACIDOPHILUS, B. LACTIS, L. RHAMNOSUS, L. CASEI), VITAMIN D3. CONTAINS MILK.

ALLERGENS Contains Milk, specified on label

Cup Contents (oz)	Cup Weight (g)	Cup Material	Tamper Evident	Plant Code	Best By Format	Time Stamp (military)	Case Material	Cups/case
4	113	Polystyrene	Foil lid	53-33	DD/MM/YY	HHMM	Cardboard	48

Cup Dimensions 6-Pack - 5"W x 7.5"D x 2.5"H, Single cup - 2.5"W x 2.5"D x 2.5"H