



CRAFTED IN THE NORTHWEST  
— SINCE 1954 —

Powerful Nutrition, Snack-Size

At daybreak, lunchtime or whenever hunger strikes, these creamy Yami Yogurt creations are rich in calcium, protein, Vitamin D3 and live cultures to deliver a nutritional boost. While they are made with fresh Grade A milk from Northwest dairies, they are actually lactose-free, which can help smooth digestion for some. In flavor combos that will make everyone in the family happy.



LACTOSE-FREE | MADE WITH MILK | GLUTEN-FREE | PROBIOTIC CULTURES | VITAMIN D3

Yami Yogurt 4 oz multipack	Serving Size	Calories	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Total Carbohydrate	Dietary Fiber	Total Sugars	Added Sugars	Protein	Calcium (% DV)	Iron (% DV)	Vitamin D (% DV)	Potassium (% DV)
Blueberry Cream	1 container (113g)	140	5g	3.5g	0	15mg	55mg	21g	0g	18g	14g	4g	8%	0%	10%	4%
Lemon Cream	1 container (113g)	140	5g	3.5g	0	15mg	55mg	19g	0g	17g	14g	4g	8%	0%	10%	4%
Mango Cream	1 container (113g)	140	5g	3.5g	0g	15mg	50mg	20g	0g	18g	14g	4g	8%	0%	10%	4%
Orange Cream	1 container (113g)	150	5g	3.5g	0g	15mg	55mg	21g	0g	18g	15g	4g	8%	0%	10%	4%
Peach Cream	1 container (113g)	140	5g	3.5g	0g	15mg	50mg	20g	0g	17g	13g	4g	8%	0%	10%	4%
Raspberry Cream	1 container (113g)	140	5g	3.5g	0g	15mg	55mg	19g	0g	17g	13g	4g	8%	0%	10%	4%
Strawberry Cream	1 container (113g)	140	5g	3.5g	0g	15mg	50mg	20g	0g	17g	13g	4g	8%	0%	10%	4%
Vanilla Cream	1 container (113g)	140	5g	3.5g	0g	15mg	55mg	20g	0g	18g	14g	4g	8%	0%	10%	4%



**Blueberry Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Blueberry Puree, Modified Corn Starch, Tapioca Starch, Whey Protein Concentrate, Gelatin, Natural Flavor, Lactase, Elderberry Juice Concentrate (For Color), Citric Acid, Culture, Vitamin D3.



**Lemon Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Modified Corn Starch, Lemon Juice Concentrate, Whey Protein Concentrate, Lemon Zest, Natural Flavor, Gelatin, Lactase, Turmeric (For Color), Culture, Vitamin D3.



**Mango Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Mango Puree, Modified Corn Starch, Whey Protein Concentrate, Gelatin, Lactase, Natural Flavor, Annatto Extract (For Color), Culture, Vitamin D3.



**Orange Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Orange Puree, Modified Corn Starch, Whey Protein Concentrate, Natural Flavor, Gelatin, Lactase, Annatto Extract (For Color), Culture, Vitamin D3.



**Peach Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Peach Puree, Modified Corn Starch, Natural Flavor, Whey Protein Concentrate, Gelatin, Lactase, Annatto Extract (For Color), Culture, Vitamin D3.



**Raspberry Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Raspberry Puree, Modified Corn Starch, Whey Protein Concentrate, Natural Flavor, Gelatin, Lactase, Fruit And Vegetable Juice (For Color), Culture, Vitamin D3.



**Strawberry Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Strawberry Puree, Modified Corn Starch, Natural Flavor, Whey Protein Concentrate, Gelatin, Lactase, Red Cabbage Extract (For Color), Culture, Vitamin D3.



**Vanilla Cream:** Pasteurized Grade A Milk, Cane Sugar, Cream, Tapioca Starch, Modified Corn Starch, Whey Protein Concentrate, Natural Flavor, Gelatin, Lactase, Culture, Vitamin D3.

Yami Yogurt	ADP Code	Pkgs	Item Code	UPC Code	Yami Yogurt	ADP Code	Pkgs	Item Code	UPC Code
Blueberry Cream & Lemon Cream	4945	8/6-4 oz		0 11384 14129 6	Strawberry Cream & Peach Cream	4942	8/6-4 oz		0 11384 14124 1
Mango Cream & Orange Cream	4944	8/6-4 oz		0 11384 14127 2	Raspberry Cream & Vanilla	4943	8/6-4 oz		0 11384 14126 5

**MADE WITH LIVE & ACTIVE PROBIOTIC CULTURES**

L. ACIDOPHILUS, B. LACTIS, L. RHAMNOSUS, L. CASEI

**All flavors contain milk.**